



Exercise & Fitness (Personal Trainer) Apprenticeship

Our courses will put you on the road to a great future; we have developed our qualifications in partnership with industry professionals to ensure the knowledge you gain is not only relevant and current, but will set you apart in the workplace. Whether an elite athlete, sports enthusiast or potential inspirational coach, we can take your sporting journey to the next level with our range of qualifications and training. We've got commercial gyms, sports pitches and fantastic training partnerships including with Plymouth Argyle Football Club.

□ Ideal if

you would like a career in the health and fitness industry as a personal trainer and desire to set-up your own business. This apprenticeship is designed for those who already work in the health and fitness industry and wish to continue their professional development, as well as those who wish to enter the sector in a supervisory or managerial role.

□ You'll need

English and mathematics Functional Skills at Level 2, a Level 2 fitness or gym instructor qualification and a strong desire to work in the health and fitness industry.

□ You'll learn

the knowledge, understanding and skills to work unsupervised as a personal trainer in the sport and active leisure sector. You will also complete units to support your marketing knowledge.

□ Expect

to be in college three to four days a week, with assessment through practical observations and a completed portfolio of evidence and knowledge.

□ You'll love

working with a variety of participants, within real-life environment, gaining additional qualifications as you progress.

Key facts

Course title:
Exercise & Fitness (Personal Trainer) Apprenticeship

Locations:
Cornwall College Camborne,
Cornwall College St Austell

Start date:
04-09-2017, 04-09-2017

Course length:
1 year

To find out more call 0845 22 32 567 or
email enquiries@cornwall.ac.uk



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□ You'll go on to

employment in the industry, or further academic studies at university level.

Choose from these course options

Course Title	Location	Start	Length
Exercise & Fitness (Personal Trainer) Apprenticeship	Cornwall College Camborne	04-09-2017	1 year
Exercise & Fitness (Personal Trainer) Apprenticeship	Cornwall College St Austell	04-09-2017	1 year

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