



## Counselling Training at the Cornwall Counselling Institute

Our counselling courses can be studied as standalone qualifications for those simply interested in the field of counselling, or perhaps to further your skills which may be relevant to your work place.

For those wishing to train as professional counsellors, we offer a Level 5 Diploma, successful completion of which, leads to a professional qualification in counselling, accredited by the British Association of Counselling and Psychotherapy.

Some students may wish to study counselling to degree level, and our BA Counselling Studies also carries a professional Counselling Supervision qualification, which enables you to practice as a counselling supervisor.

### Taster Sessions

Our Counselling Taster days provide an insight into the field of counselling, and gives you the opportunity to learn from qualified counsellors. They will be run for a whole day, where you can learn about the professional life of a counsellor, counselling skills and what kind of training we provide at the Cornwall Counselling Institute. You will be able to ask questions, try out some listening skills and learn from professionals who have been on their own learning journey with us.

For more information and course dates, please take a look on the Cornwall College Website, using the following link:

<https://www.cornwall.ac.uk/counselling-at-cornwall-college/>

### Free Adult Courses

We are now offering a range of free adult short courses for self-development and for those interested in the field in counselling and mental health. We also offer practical workshops for people who work with the general public, who wish to upskill and explore effective ways of communication. Finally, we are running short courses as continuing professional development for people working in the helping professions. These will be held across various Cornwall College Campuses and Online. Please see our Website for further details.

<https://www.cornwall.ac.uk/counselling-at-cornwall-college/>

## Level 2 NCFE Counselling Studies (Further Education)

As a starting point, for those candidates without any counselling experience or qualifications, we offer an introductory short course, the NCFE Counselling Studies at Level 2. This is a Further Education qualification and can help you to develop communication skills which will be useful when working in a range of caring, supportive and helping professions. You may also wish to study this course to get a feel for the type of counselling training we offer and to see if a career in counselling is right for you, before committing to a professional training. This course is also popular with a range of healthcare and support service workers, wishing to upskill.

You can study with us on a 15-week day course or a 20-week evening course. The day courses run from Camborne and St Austell from 9.30am to 3.30pm. Most evening courses run from 5.00pm to 8.30pm. These are held at Camborne, Falmouth and Newquay campuses.

We are also run an evening Online Course from 5.00pm-8.30pm. Please note that our online course is taught “live” and you will be expected to join the “classroom” on Teams. You therefore must have suitable IT to access this course.

The cost is £510 (subject to change). If eligible, students will be able to apply for a bursary and fees will be waived if your household income is under £40,000. We have two intakes, one in September and one in February/ March, and all students who successfully complete the course will be able to progress to further counselling courses in the following September, subject to interview.

If you wish to apply, please go to the Cornwall College Website where the days of the courses are advertised. Please use the following link:

[Cornwall Counselling Institute](#)

For further information and guidance about College Bursary Funding, please see:

<https://www.cornwall.ac.uk/student-support/financial-support/>

## Progression onto Higher Education Counselling Courses

**The Level 2 (or an equivalent qualification – which must be a practical course with tutor observations of skills practice) is required in order to progress to the Level 4 or Level 5.**

As part of the entry requirements for a professional training in counselling, we require a Level 2 qualification in counselling or listening skills. This allows us to observe students engaging in practical communication skills, on an ongoing basis throughout the duration of the course, to assess their appropriateness and suitability for a career in counselling. We also can assess punctuality and commitment to attending regular lessons, and assess a student’s learning through interacting with them in the classroom.

This is an essential screening process, to assess student's maturity, emotional stability and relational skills, all of which are assessed, for safe clinical practice in the future. It also gives us an indication of how well a candidate can give and receive feedback as a potential self-reflective practitioner.

In lieu of our NCFE Level 2 Counselling Studies, any alternative qualification must be commensurate with our entry level training, so should carry around 100 hours of tutor teaching time. We do not accept entirely paper based "on line" or "distance learning" counselling courses. We will however consider courses, where students can evidence successfully assessed tutor observations of counselling skills practice.

We will also consider other qualifications in lieu of the Level 2, which carry significant teaching and training in therapeutic theory and practical counselling skills, for example a Degree in Psychology or a professional qualification in Social Work. A transcript of the relevant modules must be sent to the Programme Manager to consider and this will be assessed on an individual basis.

All our Higher Education courses (Levels 4, 5 and 6) are awarded by the University of Plymouth which we host at the Cornwall Counselling Institute. Each level carries 120 HE credits, which are equivalent to Year 1, 2 and 3 of a Bachelor Degree which carries 360 HE credits in total. They are standalone qualifications in themselves; however, students wishing to acquire the BA (Hons) will progress through the Level 4, 5 and 6 to complete their studies.

Once you have achieved the NCFE Level 2 Counselling Studies qualification (or an approved equivalent qualification) and wish to continue your training in counselling at degree level with the Cornwall Counselling Institute, you can consider the next step:

**Do I have a qualification which carries 120 HE credits or higher?** For example, a Higher National Diploma or a Foundation Degree or a Bachelor's Degree?

If the answer is **YES**, you can apply for the **Level 5 Diploma**.

If the answer is **NO**, you can apply for the **Level 4 Certificate**

If the answer is **I'M UNSURE**, please contact the awarding body of your highest-level qualification and ask them to clarify whether it carries 120 Higher Education credits or not.

**Please note, CPCAB qualifications at Level 4 hold Further Education credits, not Higher Education credits, so this qualification is not considered eligible for entrance to the HE Level 5 Diploma.**

### **Level 4 Certificate in Advanced Counselling Studies (Higher Education)**

The Level 4 Certificate in Advanced Counselling Studies is a 1-year full time course, attendance is on Mondays 9.30am to 4.00pm and Wednesdays 9.30 am to 12.30pm, with self-study or tutorials in the afternoon. Whilst not a professional qualification, it provides an excellent insight into studying counselling theory and practice. There is a strong emphasis on self-development and practicing counselling skills with your peers. You will receive developmental tutor feedback and plenty of opportunity to develop your confidence when working therapeutically. This course is the ideal launching pad for those who have been out of formal education for some time, or are new to university standard learning. The Level 4 guides you through academic essay writing and referencing, with plenty of support, in preparation for applying for the next level courses.

Please factor in up to another day per week (term time only) for reading, and writing assessments, however you will not be required to gain work experience at this level.

The cost is £8,600 (subject to change). We have one intake in September. You apply for this course through UCAS. We do not offer a part time Level 4.

Please take a look on our website for a detailed breakdown of the course content in the Programme Handbook.

[Cornwall Counselling Institute](#)

If you have specific questions please contact: [ruth.voisey@cornwall.ac.uk](mailto:ruth.voisey@cornwall.ac.uk)

### **Level 5 Diploma in Person Centred Counselling and Therapy (HE)**

The professional qualifying course to become an independent counsellor is our Level 5 Diploma in Person-Centred Counselling and Therapy. This course carries Gold Standard British Association for Counselling and Psychotherapy (BACP) accreditation, which means once qualified you are able to practice independently as a fully qualified counsellor. You can work for a counselling agency and set up in Private Practice. Many counselling courses qualify you to work in an agency only, so always enquire with the course provider.

You will need two qualifications to apply for the Diploma. A practical skills-based counselling qualification, from **Level 2** upwards, and have a qualification that carries **120 HE credits**. This could be our Level 4 (see above) or an alternative foundation degree, full degree or an equivalent qualification that you have achieved in a different subject from counselling. The Diploma is a two-year part time course only. Attendance for the Diploma 2023 intake is on a Thursday from 9.30am to 4.30pm. The cost is £4,300 per year = £8,600 (subject to change).

We have one intake in September. On top of your attendance at the Cornwall Counselling Institute and working towards the academic requirements, you will also need to achieve 100 hours of clinical work in a minimum of two placements over the two years (usually unpaid, we help you with this as we have strong relationships with a variety of counselling services across Cornwall and Plymouth). You will be assessed around March in your first year, through a "Fitness to Practice Interview" and if successful, you can begin seeing clients after the Easter holidays. You can take up any training that agencies offer before you start working with clients.

You are allowed to work with children and young people under 16 years old, but only in placements which provide extra support and training, or through completing one of our free short courses which meet the BACP criteria for working with children. This is because the Diploma course is predominantly focused on working with adults. We will accept up to 30 hours accrued through working with under 16-year olds.

We are the first training provider in the South West of England to have been awarded certification by the BACP to deliver Online and Phone Therapy training as part of our curriculum. This means that your counselling skills will be broadened to allow you to extend your reach to clients. You can gain up to 49 of your 100 hours working with clients through an OPT delivery.

You will also need a clinical supervisor. Some placements provide this free of charge, but if not, you will need approximately 20 hours of supervision, and if the supervision is charged at a student rate of £20 an hour, you will have to factor in a further £400 approx. on top of the course fees. This is a guide only, as supervision rates vary. Group supervision can also be used as well as individual supervision which will be more cost effective..

You will be required to enter personal counselling yourself, with a minimum of 12 sessions, taken in a way that suits the individual student. We can offer you low cost counselling at the Cornwall Counselling Institute. This will be an additional cost of approximately £60 or you can work with a fully qualified counsellor of your choice.

In summary, you will also need to factor in an extra day a week, for reading and assessment preparation, on top of placement and supervision hours. Most placements require you attend their induction training (the length of training varies enormously). This is a guide only, but it should be noted that the Diploma is a significant undertaking.

If you wish to apply, please go to the Cornwall College Website using the following link

[Cornwall Counselling Institute](#)

If you have specific questions please contact: [ruth.voisey@cornwall.ac.uk](mailto:ruth.voisey@cornwall.ac.uk)

### **Level 6 BA (Hons) Counselling Studies (HE)**

This course is **only open to students who have completed our Level 5 Diploma** and wish to top up their existing studies to gain a full degree and a counselling supervisor qualification. This is because you need to hold an HE (BACP accredited) Level 5 counselling qualification and have 1 years counselling practice (working with an average of 4 clients per week) before you can study the Counselling Supervision modules in the second year, which lead to a professional Counselling Supervision qualification.

The BA (Hons) is studied part time over two years, one day a week, currently Wednesdays, with either the morning or afternoon in lectures, with the remaining part of the day set aside for self-study and/or tutorials. The second year of study focuses on training to become a professional Counselling Supervisor. You will need to hold a client caseload in year 1, with a minimum of 4 clients a week, on top of attending college.

If you wish to apply, please go to the Cornwall College Website using the following link

[Cornwall Counselling Institute](#)

If you have specific questions please contact: [ruth.voisey@cornwall.ac.uk](mailto:ruth.voisey@cornwall.ac.uk)

### **FdSc Counselling Psychology with Criminology (HE Level 4 and 5)**

This FdSc is a 2-year full time course, two days a week 9.30am to 4.30pm and 9.30am to 12.30pm with self-study or tutorials optional in the afternoon. Whilst not a professional qualification, it provides an excellent insight into studying counselling, psychology and criminology. Please factor in up to another day per week (term time only) for reading, and writing assessments, however you will not be required to gain work experience at this level.

This FdSc Counselling Psychology with Criminology is an exciting opportunity to study a bespoke new degree at the prestigious Cornwall Counselling Institute. The philosophy of the Institute is to provide excellent theoretical training in the fields of counselling and psychology, with an emphasis on application to practice in the “real world”. As such, a therapeutic orientation runs through this programme. We explore the psychological factors behind the development of criminal behaviour and also look at the ways that victims and perpetrators of crime can be supported therapeutically. This takes us on a journey through the current penal landscape, addressing social and political ideologies, before unpicking contemporary approaches to reform and recidivism. In the process students will learn practical counselling skills themselves and develop an understanding of a wide spectrum of psychological approaches, currently used in the forensic setting.

Entry requirements: minimum grade C/grade 4 Maths, English and Science and 48 UCAS tariff points.

The cost is £8,600 (subject to change). We have one intake in September. You apply for this course through UCAS. We do not offer a part time FdSc.

[Cornwall Counselling Institute](#)

### Additional Information

For support and advice regarding course fees, loans and available funding please contact

<https://www.gov.uk/student-finance>

**The counselling team cannot give you guidance about funding.**

Please look at the Cornwall College website (see below) for far more detailed information about each of these courses **and** how to apply.

[https://www.google.com/search?q=cornwall+college+counselling&rlz=1C1GCEV\\_en&oq=cornwall+college+couns](https://www.google.com/search?q=cornwall+college+counselling&rlz=1C1GCEV_en&oq=cornwall+college+couns)

**The onus is on the candidate to prove that their qualifications hold the required entrance requirements for each course. Please contact the awarding body if you are unsure if they carry enough HE credits. We cannot do that for you.**

Most September 2022 start courses (Level’s 2, 4, 5 and 6) will be taught at our Camborne campus (with additional Level 2 courses available at St Austell). Some elements of the courses are also taught online; therefore, you must be able to access a computer at home with appropriate internet availability or you can study online at our Learning Centres based on any Cornwall College campus. In the event of a future lockdown, full timetables will run online.

Please note, that **there is no automatic progression route between our courses.** Each qualification requires a rigorous assessment process including an interview, and due to limited places, you may be placed on a waiting list or you may not be successful with your application. You may not defer a place if offered, and you will need to reapply the following year.

We may also recommend after Level 2 or Level 4, that you continue your counselling training in Further Education, with a provider outside of the Cornwall Counselling Institute, e.g. Adult Education and the CPCAB to gain a professional qualification.

We hope that this information has provided a useful overview of the counselling training at the Cornwall Counselling Institute.

## **Counselling Tuition Fees 2022/2023**

### **Counselling Skills NCFE Certificate Level 2**

**Tuition Fee: £510**

If your annual household income is under £40,000 you will be able to apply for a Learner Support Bursary, which will help towards your fees. This usually covers all or the majority of the fees. Please check here.

<https://www.cornwall.ac.uk/financial-support/>

Unemployed and low wage earners are free.

**Please note: This course is not fundable for 19-23-year olds, that haven't previously achieved a full Level 2 Qualification.**

### **L4 Certificate in Advanced Counselling Studies- Full time 1 year**

**Tuition Fee: £8,600**

You will be able to apply for a Tuition Fee Loan and a Maintenance Loan

**Please note: If you have previously completed a full Degree (3-4 years), you will not be able to claim any funding towards this course, as it is HE funded. Therefore, you will have to fund the course yourself. Please do not apply for the Advanced Learner Loan, as this is not an applicable source of funding for this course.**

**However, if you have only obtained 120 credits from a Degree level qualification you may be eligible for further funding. We advise that you contact Student Finance England to check your eligibility.**

### **L5 Diploma in Person Centred Counselling & Therapy- Part time 2 years**

**Tuition Fee: £8,600 (£4,300 per annum)**

You will be able to apply for a Tuition Fee Loan.

Please note: If you have previously completed a full Degree (3-4 years), you will not be able to claim any funding towards this course, as it is HE funded. Therefore, you will have to fund the course yourself. Please do not apply for the Advanced Learner Loan, as this is not an applicable source of funding for this course.

However, if you have only obtained 120 credits from a Degree level qualification you may be eligible for further funding. We advise that you contact Student Finance England to check your eligibility.

### L6 BA (Hons) in Counselling Studies Part time 2 Years

**Tuition Fee: £8,600 (£4,300 per annum)**

You will be able to apply for a Tuition Fee Loan.

Please note: If you have previously completed a full Degree (3-4 years), you will not be able to claim any funding towards this course, as it is HE funded. Therefore, you will have to fund the course yourself. Please do not apply for the Advanced Learner Loan, as this is not an applicable source of funding for this course.

However, if you have only obtained 120 credits from a Degree level qualification you may be eligible for further funding. We advise that you contact Student Finance England to check your eligibility.

To find out more about Student Finance and how to apply go to:

[www.gov.uk/studentfinance](http://www.gov.uk/studentfinance)

### FdSc Counselling Psychology with Criminology (HE Level 4 & 5) Full Time 2 Years

**Tuition Fee: £8,600 per year = £17,200**

You will be able to apply for a Tuition Fee Loan and a Maintenance Loan

Please note: If you have previously completed a full Degree (3-4 years), you will not be able to claim any funding towards this course, as it is HE funded. Therefore, you will have to fund the course yourself. Please do not apply for the Advanced Learner Loan, as this is not an applicable source of funding for this course.

However, if you have only obtained 120 credits from a Degree level qualification you may be eligible for further funding. We advise that you contact Student Finance England to check your eligibility.

To find out more about Student Finance and how to apply go to:

[www.gov.uk/studentfinance](http://www.gov.uk/studentfinance)

*If you are self-funding for any of the above courses, the College requires 25% of the annual tuition fee at the start of the course and the remainder can be paid via instalments. To make the first payment and set up a payment plan, please go to the finance office situated on the ground floor of the Penhaligon Building.*