

# Awareness of Mental Health Problems Certificate

Adult

Employer Training

Around 450 million people worldwide suffer from a mental health problem. You can help tackle this challenge by increasing your knowledge with our level 2 certificate in Awareness of Mental Health Problems. This fully online course will help you gain new knowledge and skills for your personal life as well as your career. It covers lots of different mental health problems, including stress, anxiety, phobias, depression, dementia, eating disorders and schizophrenia. You'll learn about the signs and symptoms of different mental health conditions and how to manage them, as well as gaining an understanding of mental health legislation and guidance.



Scan the QR Code for full course description, assessment and progression options from this course

## ENTRY REQUIREMENTS

19+, Currently live in England, Resident in the UK/EU for 3+ years, L1 Literacy Initial Assessment, Computer access



## LOCATION & NEXT START DATE(S)

Online - As required



<b>LEVEL</b> Level 2	<b>DURATION</b> 12 weeks.
<b>ATTENDANCE</b> Distance Learning	<b>FEES</b> Tuition Fees: £0.00

Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.



**Find out more and  
apply online**



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## Explore Our Courses & Apprenticeships

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.



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