

Parent & Baby Pilates

Leisure and Professional

This is a Parent and Baby Pilates Class suitable for parents who are 6-8 weeks post-partum and have had their post birth check-up and 'OK' from the doctor. It is best if the babies are non-movers or just about crawling, to help you focus on you and your baby rather than what mischief they're getting up to!



Scan the QR Code for full course description, assessment and progression options from this course



ENTRY REQUIREMENTS



LOCATION & NEXT START DATE(S)

Cornwall College Camborne - As required



LEVEL

No Qualification

DURATION

38 weeks

ATTENDANCE

Part-time

FEES

Tuition Fees: £0.00

Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.



Explore Our Courses & Apprenticeships

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.



**Find out more and
apply online**

