



Sports Massage Therapy VTCT Certificate

This qualification is recognised as an approved qualification for continued professional development (CPD) by the Sports Massage Association and could open up a number of opportunities to you. It is suitable for osteopaths, physiotherapists, sports therapists and massage therapists who would like to add another string to their bow.

□ Ideal if

You have already completed a Level 3 sports therapy and would like to progress onto the next level.

□ You'll need

A previous Level 3 sports therapy qualification which was studied within the last three years.

□ You'll learn

The advanced palpation skills and massage techniques to prevent and manage injury in sport and active leisure. You will also analyse posture and learn a range of movement massage techniques to prevent and manage injury in sport.

□ Expect

A good deal of theoretical work and to undertake at least 50 hours of massage as part of this qualification.

□ You'll love

Being able to critically evaluate your massage strategies and be guided on the best methods to use on future treatments.

Key facts

Course title:
Sports Massage Therapy
VTCT Certificate

Location:
Cornwall College St Austell

Start date:
September 2019

Course length:
36 weeks, 3 hours per week

To find out more call 0845 22 32 567 or
email enquiries@cornwall.ac.uk



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□ You'll go on to

Work independently or in a supervisory position as a sports massage practitioner. You could even tutor other sports massage students at Levels 1-3. This course also provides progression opportunities for additional Level 4 qualifications or specialist qualifications at Level 5.

Choose from these course options

Course Title	Location	Start	Length
Sports Massage Therapy Level 4 Certificate City & Guilds	Cornwall College St Austell	September 2019	36 weeks, 3 hours per week

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